

# Weare Academy CofE First School

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Headteacher: Mrs C. Dover

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Dear Parent/Carer

As I referenced in my letter earlier this week, we have been working with the NSPCC and have now planned for the school to participate in the **NSPCC's Speak out. Stay safe. Programme**. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed, alongside NSPCC volunteer led face-to-face workshops for children in Year 2 and Year 3. The language used in the sessions is carefully chosen to be age-appropriate and the content is delivered in an engaging way with the help of the NSPCC mascot Buddy. Teachers have the freedom to adapt the resources to best suit the needs of their class and will be mindful opportunities for children to share their thoughts and feelings if they wish. If you would like to know more about the *Speak out. Stay safe.* programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

Our plan for delivering the *Speak out. Stay safe.* programme is as follows:

	Session 1	Session 2	Session 3	Session 4	Session 5
What?	In-class assembly & discussion	Follow up activities	Workshop	In-class assembly & discussion	Follow up activities
When?	Tuesday 14 <sup>th</sup> May	Friday 17 <sup>th</sup> May	Monday 20 <sup>th</sup> May	Tuesday 21 <sup>st</sup> May	Wednesday 22 <sup>nd</sup> May
Reception	✓	✓			
Year 1	✓	✓			
Year 2	✓	✓	✓		
Year 3	✓	✓	✓	✓	✓
Year 4				✓	✓



### Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p><b>Parent/Carer support</b></p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p><a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a></p>	<p><b>Activities to extend learning at home</b></p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>
<p><b>Online Safety Hub</b></p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p><a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a></p>	<p><b>Childline – under 12's</b></p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p><a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7)</p> <p><a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p>
<p><b>Talk PANTS with your children</b></p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages.</p> <p>Download the free resources at <a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a>.</p>	

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. On Monday next week, your child's class teacher will be in contact via Class Dojo with more information about how the sessions will look for their class and will also be able to answer any further questions you may have.

Kind regards,



Chelsey Dover  
Headteacher