

Weare First School Academy - School Meals Autumn Term 1 (2nd September - 24th October 2024)

Menu 1 for Weeks Commencing 2nd Sept, 16th Sept, 30th Sept & 14th Oct 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Pork Meatball with Homemade Tomato Sauce DF	Macaroni Cheese SF	Chicken Curry DF SF GF	Sausage Roll	Breaded Cod Fish Fingers DF SF
Vegetarian Meal (V)	Veggie Balls with Homemade Tomato Sauce DF	Cheesy Tomato Pasta Melt SF	Sweet Potato & Chickpea Curry DF SF DF	Vegetarian Sausage Roll DF	Mixed Bean & Vegetable Burritos SF DF
	Both served with Fusilli Pasta, Pea's & Mixed Salad	Both served with Sweetcorn & Mixed Salad	Both served with Brown & White Rice, Carrots & Mixed Salad	Both served with Baked Beans, Mixed Salad & Waffles	Both served with Chips, Sweetcorn & Mixed Salad
Jacket Pot's	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings DF SF
Pudding	Fruit Cocktail & Strawberry Yoghurt GF SF	Fruity Flapjack DF GF SF	Apple & Cinnamon Crumble & Custard DF SF	Strawberry Mouse with Fruit Salad SF GF	Chocolate Fudge Cake SF DF
As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.					

Menu 2 for Weeks Commencing 9th Sept, 23rd Sept & 7th Oct, 21st Oct 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Chicken Goujons DF SF	Pork Sausages DF	Burger in a Bun	Roast Chicken Breast, Stuffing & Gravy	Breaded Cod Fish Fingers DF SF
Vegetarian Meal (V)	Veggie Fingers DF SF	Quorn Sausage DF SF	Bean Burger in a Bun DF SF	Cauliflower & Broccoli Bake GF	Mixed Bean & Vegetable Burritos SF DF
	Both served with Katsu Curry Sauce, Brown & White Rice, Green Beans & Mixed Salad	Both served with Mash Potatoes, Beans, Peas & Onion Gravy	Both served with Baked Beans, Sweetcorn & Mixed Salad	Both served with Roasted baby Potatoes, Carrots & Broccoli	Both served with Chips, Spaghetti Hoops & Mixed Salad
Jacket Pot's	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF	Jacket Potato with a choice of toppings GF SF
YR3 & Yr4 Pick Only		Pork Sausage Bap DF	Cheese & Ham Panini served with Salad	French Bread Pizza	
YR3 & Yr4 Vegetarian Pick Only		Quorn Sausage Bap DF SF	Cheese & Tomato Panini served with Salad SF	French Bread Pizza	
Pudding	Orange Jelly with Mandarins DF SF GF	Fresh Bananas & Custard GF SF	Coconut Cookies DF SF	Peaches & Cream GF SF	Australian Crunch DF SF
As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.					

Sliced Bread is available daily to accompany the hot meals. A fresh fruit bowl is also available daily.

Alternatives may be available on request. Menu can be subject to change due to availability difficulties.

If you should require any information concerning allergens in foods, please contact the school office.