

Supporting Home Learning



We know that supporting your child with their learning at home can sometimes feel overwhelming. Here are some tips and resources to help:

1. Create a Learning Space

- Set up a quiet, well-lit area with all necessary supplies (pens, paper, books, etc.).
- Use noise-canceling headphones if the home is busy.



2. Set Small, Achievable Goals

- Break tasks into smaller steps. For example, "Complete 5 maths problems" or "Write 3 sentences."
- Use a timer (e.g., 20 minutes work, 5 minutes break) to maintain focus.



3. Make Learning Fun

- Turn spelling practice into a game (e.g., Scrabble or word searches).
- Try simple science experiments
- Use household objects for hands-on activities, like measuring ingredients for fractions practice.



4. Build in Brain Breaks

- Encourage short, active breaks, such as a quick stretch, jumping jacks, or dancing to a song.
- Use mindfulness apps like [Smiling Mind](#) or [GoNoodle](#) for relaxation.



5. Use Everyday Activities for Learning

- Cooking = fractions, measurements, and reading recipes.
- Shopping = addition, subtraction, and money skills.
- Nature walks = science discussions about plants, animals, or the seasons.



Resources for Extra Support

- **BBC Bitesize:** Free lessons, quizzes, and videos for all year groups. [Visit BBC Bitesize](#)
- **Oxford Owl:** Reading resources and free eBooks to support literacy. [Visit Oxford Owl](#)
- **Top Marks:** Educational games for Maths, English, and other subjects. [Visit Top Marks](#)
- **Times Table Rockstars:** Fun ways to practice multiplication tables (contact your child's class teacher for login details).
- **Numbots:** Interactive maths activities: (contact your child's class teacher for login details).

Need More Help?

If your child is finding specific topics difficult, or you'd like personalised advice, don't hesitate to contact their teacher. We are happy to help provide guidance and resources!