

Weare First School Academy - School Meals Spring Term 1 (6th Jan - 14th Feb 2025)

Menu 1 for Weeks Commencing 6th, 20th Jan, 3rd Feb 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Macaroni Cheese SF	All Day Breakfast DF	Roast Loin of Pork & Apple Sauce GF, DF	Cottage Pie GF, DF	Fish Fingers DF
Vegetarian Meal (V)	Cheese & Tomato Pasta Melt SF	Veggie All Day Breakfast DF, VE	Cauliflower & Broccoli Cheese SF	Vegetable & Lentil Cottage Pie VE, DF	Veggie Finger
	Both served with peas and fresh mixed salad	Both served with hash browns, baked beans, tomatoes & mushrooms	Both served with stuffing, gravy, dry roasted potatoes, carrots & cabbage	Served with broccoli & green beans	Both served with chips, spaghetti hoops and peas
	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
YR3 & YR4 Pick Only		Cheese & Ham Toastie served with Salad	Chicken Burger served with Salad	French Bread Pizza	
YR3 & YR4 Pick Only		Cheese & Tomato Toastie served with Salad	Veggie Burger served with Salad	French Bread Pizza	
Pudding	Fruit Cocktail & Strawberry Yoghurt GF, SF	Pears with Chocolate Sauce SF, GF	Mandarin Cheesecake	Peach Traybake DF, SF	Krispie Cake VE, GF, SF, DF
	As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.				

Menu 2 for Weeks Commencing 13th, 27th Jan, 10th Feb 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Meatballs with Homemade Tomato Sauce DF	Chicken Pie with Gravy SF	Pork Sausages & Onion Gravy DF	Chilli Con Carne DF, GF, SF	Breaded Cod Fish Fingers DF
Vegetarian Meal (V)	Veggie Balls with Homemade Tomato Sauce VE	Roasted Vegetable Pie with Gravy SF	Quorn Sausages & Onion Gravy DF	Mixed Bean Burrito	Veggie Fingers DF, VE
	Both served with fusilli pasta, sweetcorn & fresh mixed salad	Main served with mash & mixed vegetables	Both served with dry roasted potatoes, carrots & peas	Served with Rice, sweetcorn & mixed salad	Both served with chips, baked beans and fresh mixed salad
	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings
YR3 & YR4 Pick Only		Cheese & Ham Panini served with Salad	Sausage Bap DF	Crispy Chicken, Hummus & Salad Wrap DF, SF	
YR3 & YR4 Pick Onl		Cheese & Tomato Panini served with Salad SF	Veggie Sausage Bap DF	Veggie Fingers, Hummus served with Salad Wrap DF, SF	
Pudding	Strawberry Jelly & Fruit Cocktail SF, DF, GF	Carrot Cake SF, DF	Chocolate Cookie VE, DF	Fruit Cocktail & Strawberry Yoghurt	Iced Bun DF
	As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.				

Sliced Bread is available daily to accompany the hot meals. A fresh fruit bowl is also available daily.

Alternatives may be available on request. Menu can be subject to change due to availability difficulties.

If you should require any information concerning allergens in foods, please contact the school office.