

## Weare Academy First School - School Meals Spring Term 2 (24th Feb - 4th April 2025)

Menu 1 for Weeks Commencing 24th Feb, 10th, 24th March					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal (M)</b>	Chicken Goujons <b>DF, SF</b>	Beef Bolognese <b>DF, GF, SF</b>	Roast Loin of Pork & Apple Sauce <b>GF, DF</b>	Chicken Pie with Gravy <b>DF, SF</b>	Oven Baked Breaded Cod Fish Fingers <b>DF</b>
<b>Vegetarian Meal (V)</b>	Vegetable Fingers <b>DF, SF</b>	Three Bean & Vegetable Bolognese <b>DF, GF, SF</b>	Roast Quorn Fillet <b>DF, SF</b>	Wholemeal Cheese & Red Onion Tart <b>SF</b>	Spanish Omelette <b>GF, SF</b>
	Both served with brown & white rice, katsu curry sauce, sweetcorn & fresh mixed salad	Both served with fusilli pasta, peas & fresh mixed salad	Both served with stuffing, gravy, dry roasted potatoes, carrots & cabbage	Both served with mashed potato and mixed vegetables	Both served with oven chips, baked beans and fresh mixed salad
<b>Jacket Pot's</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>DF SF</b>
<b>YR3 &amp; YR4 Pick Only</b>		Beef Tacos with Salad	Cheese & Ham Panini served with Salad	Jumbo Sausage Roll with Vegetable Sticks	
<b>YR3 &amp; YR4 Pick Only</b>		Vegetable Tacos with Salad	Cheese & Tomato Panini served with Salad <b>SF</b>	Jumbo Vegetarian Sausage Roll with Vegetable Sticks	
<b>Pudding</b>	Fruit Cocktail & Yoghurt <b>GF, SF</b>	Butterscotch Mousse & Bananas <b>GF, SF</b>	Lemon Drizzle Cake with Custard <b>DF, SF</b>	Strawberry Jelly & Fruit Cocktail <b>DF, GF, SF</b>	Shortbread Biscuit <b>DF, SF</b>
	As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.				

Menu 2 for Weeks Commencing 3rd, 17th 31st March					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal (M)</b>	Meatballs with Homemade Tomato Sauce <b>DF, SF</b>	Macaroni Cheese <b>SF</b>	Pork Sausages & Onion Gravy <b>DF</b>	Chilli Con Carne served with Brown & White Rice <b>DF, GF, SF</b>	Oven Baked Breaded Cod Fish Fingers <b>DF</b>
<b>Vegetarian Meal (V)</b>	Veggie Balls with Homemade Tomato Sauce <b>VE</b>	Tomato & Cheese Pasta Melt <b>SF</b>	Quorn Sausages & Onion Gravy <b>DF, SF</b>	Mixed Bean Burrito with Potato Wedges <b>SF</b>	Creamy Wholemeal vegetable Crumble <b>SF</b>
	Both served with fusilli pasta, peas & fresh mixed salad	Both served with broccoli & Sweetcorn	Both served with dry roasted potatoes, carrots & peas	Both served with green beans & fresh mixed salad	Both served with oven chips, spaghetti hoops & fresh mixed salad
<b>Jacket Pot's</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>GF SF</b>	Jacket Potato with a choice of toppings <b>DF SF</b>
<b>YR3 &amp; YR4 Pick Only</b>		Crispy Chicken, Hummus & Salad Wrap <b>DF, SF</b>	Sausage Bap with Salad <b>DF</b>	French Bread Pizza served with Salad	
<b>YR3 &amp; YR4 Pick Only</b>		Veggie Fingers, Hummus & Salad Wrap <b>DF, SF</b>	Quorn Sausage Bap with Salad <b>DF</b>	French Bread Pizza served with Salad	
<b>Pudding</b>	Apple Flapjack <b>DF, GF, SF</b>	Fruit Cocktail & Yoghurt <b>GF, SF</b>	Creamy Rice Pudding with Peaches <b>GF, SF</b>	Pears with Chocolate Sauce <b>GF, SF</b>	Iced Sprinkle Sponge <b>DF, SF</b>
	As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.				

**Sliced Bread is available daily to accompany the hot meals. A fresh fruit bowl is also available daily.**

**Alternatives may be available on request. Menu can be subject to change due to availability difficulties.**

**If you should require any information concerning allergens in foods, please contact the school office.**