























































DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
50/50 White/Wholemeal Bread		✓											✓	
All Day Breakfast (Sausage & Bacon)														
Apple Bite		✓												
Apple Pie		✓												
Apple Sponge		✓												
Apricot Flapjack		✓												
Australian Crunch		✓												
Baked Beans														
Bean Burger		✓												
Bean & Lentil Chilli														
Bean Burger		✓												
Beef Bolognaise														
Beef Burger													✓	✓
Beef Burger in a Bun		✓												✓
Beef Lasagne		✓					✓							
Beef Meatballs		✓												
Black Bean Burger		✓												
Black Bean Stuffed Peppers							✓							
Breaded Cod Fishfingers		✓			✓									
Broccoli														
Brown & White Rice														
Butchers Sausages	✓	✓							✓					✓
Butternut Squash & Chickpea Curry														
Cabbage														
Carrots														
Carrot Cake Cookie		✓												
Cauliflower														















DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cauliflower & Broccoli Bake							✓							
Cauliflower Cheese							✓							
Cauliflower Cheese Crispy Grills		✓					✓							
Cheese & Ham Pin Wheels		✓					✓							
Cheese & Leek Pasty		✓					✓							
Cheese & Tomato Melt		✓					✓							
Cheese & Tomato Pasta Melt		✓					✓							
Cheese & Tomato Pin Wheels		✓					✓							
Cheese & Tomato Pizza		✓					✓							
Cheese and Bean Pastie		✓					✓							
Cheese and Bean Puff		✓					✓							
Cheese & Red Onion Tart		✓												
Chicken Burger		✓												
Chicken & Chickpea Curry														
Chicken Fahita		✓												
Chicken Goujons		✓												
Chicken Hot Pot														
Chicken Pie		✓		✓			✓							
Chicken Stir Fry with Brown and White Rice	✓	✓										✓	✓	
Chickpea & Roasted Veg Curry														
Chickpea & Spinach Curry														
Chilli con Carne		✓												
Chips														
Chocolate Cookies		✓												
Chocolate Custard							✓							

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Krispie														
Chocolate Mousse							✓							
Chocolate Sponge & Peppermint Custard		✓					✓							
Coconut Cookies		✓												
Coleslaw														
Cottage Pie		✓												
Creamy Rice Pudding							✓							
Creamy Vegetable Crumble		✓					✓							
Crispy Topped Vegetarian Pie							✓							
Croquette Potatoes		✓												
Crusty Bread		✓					✓			Prepared in a factory that has nuts				
Cucumber Sticks														
Custard							✓							
Doughnut		✓					✓						✓	
Dry Roasted Potatoes														
Falafel		✓												
Farmhouse Veg														
Fishless Fingers		✓												
Five Bean Chilli		✓												
French Bread Pizza Slice		✓					✓			Prepared in a factory that has nuts				
Fresh Mixed Salad														
Frozen Yoghurt							✓							
Fruit Cocktail														
Fruit of the Forest Yoghurt Sponge		✓		✓			✓							
Fusilli Pasta		✓												
Fusilli Pasta with a choice of Cheese/Ham/Tuna		✓					✓							
Garlic Bread		✓												

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gingerbread Biscuits		✓												
Green Beans														
Ham & Cheese Pizza		✓					✓			Prepared in a factory that has nuts & eggs				
Hash Browns														
Homemade Sausage Roll		✓												✓
Homemade Veggie Sausage Roll		✓					✓						✓	
Hotdog		✓											✓	
Ice Cream Roll		✓					✓						✓	
Iced Sponge		✓		✓										
Jacket Potato with Cheese & Beans							✓							
Jacket Potato with Ham & Beans														
Jacket Potato with Ham & Cheese							✓							
Jacket Potato with Tuna & Sweetcorn					✓									
Jam Tart		✓												
Jumbo Cod Fishfingers		✓			✓		✓		✓					
Lemon & Berry Tray Bake		✓												
Lemon Drizzle Sponge		✓		✓										
Lentil & Vegetable Bolognaise													✓	
Lentil Cottage Pie with Gravy														
Linda McCartney Sausages		✓											✓	✓
Macaroni Cheese		✓					✓							
Mandarin Cheesecake							✓							
Margarita Pizza		✓					✓			Prepared in a factory that has nuts & eggs				
Mash Potato							✓							
Meat Free Veg Pie		✓												

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meat Free Veggie Balls		✓												
Mediterranean Casserole with Lentils	✓													
Mediterranean Pizza							✓							
Mediterranean Tart		✓					✓							
Mediterranean Vegetable & Chickpea Bake														
Mexican Burrito		✓												
Mild Chicken Curry with Brown and White Rice														
Mixed Bean & Vegetable Bolognaise														
Mushroom & Lentil Ragout with Brown & White Rice														
Nachos														
Naan Bread		✓												
Hot dog		✓											✓	✓
Oaty Cookies		✓												
Onion Gravy		✓												
Orange Jelly														
Orange & Mango Sorbet														
Oriental Stir fry	✓	✓										✓	✓	
Oven Baked Cod Fillet Fish Fingers		✓			✓									
Peaches														
Peach Crumble		✓												
Peach Melba							✓							
Peach Traybake														
Pears														
Pears with Chocolate Sauce							✓							
Peas														

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pitta Bread Pizza		✓					✓							
Pizza Bread		✓												
Pork Meatballs		✓												
Pork Sausages		✓												✓
Potato Wedges														
Quorn Bap		✓												
Quorn Bolognaise		✓		✓										
Quorn Chilli ConCarni		✓											✓	
Quorn Pie		✓		✓										
Roast Beef, Yorkshire Pudding & Gravy		✓		✓			✓						✓	
Roast Chicken, Stuffing & Gravy		✓											✓	
Roast Gammon & Gravy		✓											✓	
Roast Pork, Apple Sauce & Gravy		✓											✓	
Roast Quorn Fillet, Stuffing & Gravy		✓		✓									✓	
Roast Turkey, Stuffing & Gravy		✓											✓	
Roasted Veg Parcel		✓					✓							
Roasted Vegetable Lasagne		✓					✓							
Salmon Fishcake		✓			✓									
Sausage Bap		✓											✓	
Sausage Casserole	✓	✓												
Sausage Pie		✓												✓
Sausage Rolls		✓					✓						✓	✓
Sausage, Yorkshire Pudding & Gravy		✓		✓			✓							
Shortbread Biscuit		✓												
Spicy Bean Burger		✓												

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Strawberry Jelly														
Strawberry Mousse							✓							
Strawberry Smoothie														
Stuffed Peppers							✓							
Summer Casserole & Dumplings														
Sweet and Sour Vegetable with Brown & White Rice		✓												
Sweet Potato & Lentil Stew														
Sweetcorn														
Tomato														
Tomato Sauce														
Tuna Salad (example)					✓									
Turkey Meatballs		✓												
Veg & Bean Cottage Pie		✓					✓							
Vegan Burger		✓											✓	
Vegan Mayonaise														
Vegan Nuggets		✓											✓	
Vegan Quorn Fillet		✓												
Vegan Sausage		✓											✓	
Vegetable & Cheese Bake		✓					✓							
Vegetable Curry														
Vegetable Fahita		✓												
Vegetable Fingers		✓												
Vegetable Pasty	✓	✓					✓							
Vegetable Stock														
Vegetarian All Day Breakfast (Quorn Sausage & Mushrooms)													✓	

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetarian Sausage Casserole	✓	✓												
Vegetarian Toad in the Hole		✓		✓			✓							
Veggie Balls		✓		✓										
Veggie Burger in a Bun		✓												
Veggie Chicken Strips		✓											✓	
Veggie Nuggets		✓												
Veggie Sausage Roll		✓											✓	✓
Veggie Sausage, Yorkshire Pudding & Gravy		✓		✓			✓							
Veggie Sausages (B)		✓					✓							
White Bean & Sweet Potato Chilli														
Wholemeal Dumplings		✓												
Wholemeal Veg Crumble		✓					✓							
Yoghurt														
Yorkshire Pudding		✓		✓			✓							