



# Physical Education

## Intent, Implementation and Impact statement

### Intent

At Weare Academy, our intent for Physical Education (PE) is to cultivate a lifelong love for physical activity while fostering both physical and personal development in our pupils. In alignment with our vision that all can achieve, we aim to:

- **Promote Physical Literacy:** Ensure that all children develop essential skills, knowledge, and understanding to engage confidently in a variety of physical activities, recognising that every child can excel in their own way.
- **Encourage Healthy Lifestyles:** Inspire pupils to appreciate the value of fitness and its contribution to overall well-being, leading to mindful choices about nutrition and health, reinforcing our belief that everyone can achieve their personal best.
- **Develop Personal Qualities:** Use sport to instil resilience, teamwork, leadership, and sportsmanship, nurturing confident and capable individuals who understand that achievement comes in many forms.
- **Provide Inclusive Opportunities:** Adapt our curriculum to meet the diverse needs of all pupils, ensuring that every child, regardless of ability or background, has access to high-quality PE and sports initiatives, highlighting our commitment to inclusivity and achievement for all.

### Implementation

To realise our intent, we deliver a well-structured and comprehensive PE programme that aligns with the National Curriculum while also incorporating best practices from outstanding schools. Our implementation strategy includes:

- **Curriculum Design:** A progressive PE curriculum that covers a broad range of activities, In KS1 this involves the development of multi-skills and in KS2 it focuses on applying these skills in the following areas: gymnastics, dance, games, athletics, swimming, tag rugby, hockey, netball and football, ensuring all pupils experience a variety of sports and physical challenges throughout the academic year, allowing each child to achieve their individual potential.
- **Quality Teaching:** Employing qualified PE specialists and ongoing professional development for classroom teachers to ensure high standards of teaching and coaching across all year groups, fostering an environment where every child can thrive.
- **Intervention and Support:** Identifying pupils who may need additional support or enrichment, tailoring interventions to address individual needs, and providing opportunities for gifted and talented pupils to excel, embodying our vision that all can achieve.

- **Extracurricular Activities:** Offering a rich programme of after-school clubs and competitive opportunities, including partnerships with local sports clubs, to further engage pupils in varied contexts and promote community involvement, ensuring accessibility for all.
- **Promoting Physical Activity Beyond PE Lessons:** Encouraging an active lifestyle through initiatives such as the Daily Mile, active playgrounds, and integration of physical activity into the school day, reinforcing the belief that everyone can achieve physical well-being.

## Impact

The impact of our PE provision can be evidenced and assessed through the following outcomes:

- **Increased Participation:** High levels of pupil engagement in both PE lessons and extracurricular activities, demonstrating a visible culture of participation where each child is active and feels they can achieve.
- **Skills Development:** Pupils consistently demonstrate improvement in physical skills and confidence levels, evidenced through assessments, performances, and inter-school competitions, underlining our commitment to personal achievement.
- **Holistic Well-being:** An increase in pupils' understanding of the importance of a healthy lifestyle, leading to improved mental health, social skills, and academic performance—evidenced through pupil voice, surveys, and behavioural records, highlighting that all can achieve well-being.
- **Personal Growth:** Pupils exhibit greater resilience, teamwork, and leadership qualities, which can be seen in their approach to challenges both within PE and across other subjects, promoting the idea that achievement is a journey for everyone.
- **Positive Attitudes towards PE and Sport:** An overall greater appreciation for physical activity among pupils, resulting in many choosing to engage in sports beyond the school environment, thereby embracing the vision that all can achieve.

Through these comprehensive efforts, Weare Academy is committed to providing an outstanding PE experience that not only meets but exceeds the expectations set by Ofsted's inspection framework, making a significant contribution to the overall educational experience of our pupils.