

Weare Academy and Rainbow Woods Summer Term 1 (20th April - 22nd May 2026)

Menu 1 for Weeks Commencing 20th April, 4th & 18th May 2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Sausage Roll DF SF Or Veggie Sausage Roll DF served with Tater Bites, Baked Beans & Mixed Salad	Pork Meatballs SF served with Penne Pasta, Homemade Tomato Sauce GF DF SF with hidden Veg Or Veggie Balls SF DF served with Mixed Veg	Chicken Goujons DF SF Or Vegetable Fingers DF SF served with Brown & White Rice, Katsu Curry Sauce DF SF GF , Broccoli & Carrots	Beef & Pork Bolognese DF GF SF Or Cheesy Pasta Melt SF served with Fusilli Pasta, Garlic Bread DF , Sweetcorn & Mixed Salad	Oven Baked Cod Fish Finger SF DF Or Salmon Fishcake SF DF served with Oven Chips, Baked Beans & Mixed Salad
Jacket Potatoes	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad
Pudding	Strawberry Sorbet GF DF SF	Apple & Cinnamon Crumble with Cream SF DF	Orange Jelly with Mandarins GF DF	Fruity Flapjack SF DF GF	Jam Doughnut
As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.					

Menu 2 for Weeks Commencing 27th April, 11th May 2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (M)	Choice of Cheese, Ham SF , Tuna with Fusilli Pasta, Homemade Tomato Sauce, Crusty Bread, Carrot & Cucumber sticks & Coleslaw	Sausages DF Or Veggie Sausage DF SF served with Herby diced Potatoes & Mixed Vegetables	Roast Chicken DF SF GF Or Quorn Fillet GF DF SF , stuffing & Gravy served with New Potatoes, Carrots & Cauliflower	Chilli Con Carni GF SF DF Or Mixed Bean Burrito SF served with Brown & White Rice, Nacho's, Peas & Mixed Salad	Oven Baked Cod Fishfinger SF DF Or Salmon Fishcake SF DF Or French Bread Pizza served with Oven Chips Spaghetti Hoops & Mixed Salad
Jacket Pot's	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad	Jacket Potato with Baked Beans, Cheese, Ham or Tuna & Mixed Salad
Pudding	Gingerbread Biscuit SF DF	Peach Melba GF SF	Melon & Orange Wedges DF GF SF	Banana Mousse with fresh Bananas SF GF	Chocolate Fudge Cake SF DF
As well as the daily pudding, a choice of Fresh Fruit, Fruit Cocktail or Yoghurt is available each day.					

Sliced Bread is available daily to accompany the hot meals. A fresh fruit bowl is also available daily.
Alternatives may be available on request. Menu can be subject to change due to availability difficulties.
If you should require any information concerning allergens in foods, please contact the school office.