



Physical Education

Intent, Implementation and Impact Statement

Intent

At Weare Academy, our Physical Education curriculum inspires pupils to develop a lifelong enjoyment of physical activity while promoting healthy, active lifestyles. Rooted in our school vision, we aim to enable all children, regardless of background, ability or additional needs, to flourish and become the very best version of themselves. Through the teaching of Physical Education, we aim to develop learners who are:

- **Aspirational**, developing confidence and ambition by encouraging every pupil to achieve their personal best, challenge themselves and enjoy success in a wide range of physical activities.
- **Respectful**, demonstrating fairness, inclusion and sportsmanship while recognising and celebrating the achievements of others. Older pupils develop leadership skills through roles such as House Captains, inspiring younger children to value participation and teamwork.
- **Curious**, exploring a wide variety of sports, games and physical activities through curriculum lessons, enrichment opportunities, after-school clubs and inter-school festivals, encouraging pupils to discover activities they enjoy and may pursue in the future.
- **Resilient**, developing perseverance, determination and self-belief by embracing challenge, responding positively to feedback and learning from both success and setbacks in competitive and non-competitive situations.
- **Kind**, promoting teamwork, encouragement and respect for others, recognising that physical activity supports both physical and emotional wellbeing and helps build positive relationships.
- **Responsible**, developing an understanding of healthy lifestyles, physical literacy and personal wellbeing, enabling pupils to make informed choices about physical activity, fitness and healthy living.

Implementation

To achieve our intent, we implement a rich and varied Physical Education curriculum that adheres to the National Curriculum and reflects the values of our school community.

- **Curriculum Design:** Our Physical Education curriculum is carefully sequenced and aligned with the National Curriculum. Learning follows a progressive curriculum that enables pupils to revisit and develop key physical skills with increasing confidence and competence each year. Pupils experience a broad range of activities including gymnastics, dance, athletics, games, outdoor adventurous activities and fundamental movement skills, providing a secure foundation for lifelong participation in physical activity.
- **Integration across the Curriculum:** Physical Education is purposefully linked with subjects including PSHE, Science and Personal Development. Pupils learn about healthy lifestyles, nutrition, the importance of exercise and how the body functions, enabling them to make meaningful connections between physical activity and overall wellbeing.

- **Progressive Skill Development:** Clear progression pathways ensure pupils develop increasingly sophisticated physical skills from Early Years through to Year 4. Pupils build competence in agility, balance, coordination and movement before applying these skills within a range of individual and team sports. Teachers use explicit instruction, live modelling and effective questioning to support learning, while oracy is developed through teamwork, tactical discussions, self-evaluation and constructive peer feedback.
- **Assessment for Learning:** Assessment is an integral part of our Physical Education curriculum and is used to inform teaching and support pupils' progress. We use SOLO Taxonomy to help pupils understand their learning journey, assess the depth of their understanding and identify clear next steps. Through SOLO questioning, self-assessment and teacher feedback, pupils reflect on their performance, evaluate their skills and develop increasingly sophisticated physical competence, tactical understanding and subject vocabulary over time.
- **Active Participation and Enrichment:** Practical participation is at the heart of our PE curriculum. Pupils take part in high-quality PE lessons alongside a wide range of after-school sports clubs, inter-house competitions, Sports Day and local sporting festivals. These experiences encourage participation, teamwork, resilience and enjoyment while providing opportunities for every child to experience success.
- **Leadership Opportunities:** Pupils develop leadership skills through roles such as House Captains, where they organise activities, support younger pupils and promote participation in sport across the school. These responsibilities encourage confidence, communication and positive role modelling.
- **CPD for Staff:** We invest in continuous professional development to strengthen teachers' subject knowledge and confidence in teaching Physical Education. Staff work alongside specialist coaches, engage in regular professional development and participate in collaborative monitoring to ensure PE remains ambitious, inclusive and of consistently high quality.

Impact

The impact of our Physical Education curriculum is evident in the skills, attitudes and confidence pupils develop throughout their time at Weare Academy.

- **Physical Skills and Confidence:** Pupils develop secure fundamental movement skills and apply these confidently across a wide range of sports and physical activities.
- **Participation and Enjoyment:** Pupils participate enthusiastically in PE lessons, sporting festivals, competitions and extra-curricular activities, demonstrating a positive attitude towards physical activity and healthy lifestyles.
- **Pupil Voice:** Pupils speak enthusiastically about Physical Education and confidently discuss the skills they have developed, how they have improved and the importance of physical activity for both physical and mental wellbeing.
- **Teamwork and Leadership:** Pupils demonstrate resilience, sportsmanship and effective teamwork while showing increasing confidence in leadership roles and collaborative activities.
- **Health and Wellbeing:** Pupils develop a clear understanding of healthy lifestyles, recognising the importance of regular exercise, balanced nutrition and positive mental wellbeing.
- **Preparation for Future Learning:** Pupils leave Weare Academy with the confidence, knowledge and physical literacy needed to continue participating in sport and physical activity, supporting healthy, active lifestyles throughout their lives.

In summary, our Physical Education curriculum equips pupils with the knowledge, skills and confidence to lead healthy, active and fulfilling lives. Through a broad range of physical activities, competitive sport and leadership opportunities, pupils become resilient, respectful and responsible learners who understand the value of teamwork, perseverance and lifelong participation in physical activity.